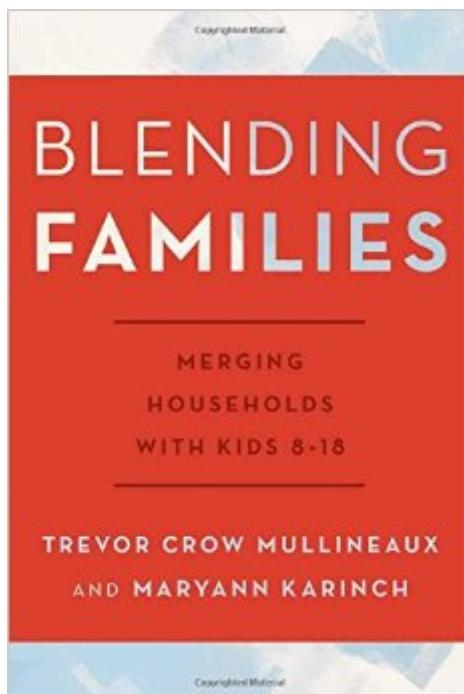


The book was found

Blending Families: Merging Households With Kids 8-18



Synopsis

Blending Families responds to the need for a book that explores step-parenting by starting with the marriage as the central relationship in a new blended family unit. Just as you are better able to help your child in an airplane emergency if you put your oxygen mask on first, you are better able to blend two families if you take care of the marriage first. Starting with a discussion of attachment styles, the authors explore how those styles translate into the new family unit when trying to forge a new marriage while parenting tween and teen children in a family unit that is new to them as well. They provide parenting guidance premised on the fact that parenting occurs within a context, and in this case, a context that is unfamiliar territory for everyone involved. Using true stories throughout, they explore the variety of challenges that may arise, such as sibling rivalry, puberty, dating, emotional and intellectual differences, and preferential treatment, and offer suggestions for overcoming obstacles to fully blending. By focusing the light on the marriage as the most important source of stability, the authors encourage readers to develop a style of parenting that works for everyone and brings a sense of unity and strength to the household.

Book Information

Hardcover: 174 pages

Publisher: Rowman & Littlefield Publishers (May 26, 2016)

Language: English

ISBN-10: 1442243104

ISBN-13: 978-1442243101

Product Dimensions: 6.2 x 0.7 x 9.3 inches

Shipping Weight: 14.4 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 starsÂ See all reviewsÂ (2 customer reviews)

Best Sellers Rank: #654,900 in Books (See Top 100 in Books) #106 inÂ Books > Parenting & Relationships > Family Relationships > Stepparenting & Blended Families #213 inÂ Books > Parenting & Relationships > Family Relationships > Siblings #844 inÂ Books > Parenting & Relationships > Family Relationships > Divorce

Customer Reviews

In this incredibly useful guide, Mullineaux and Karinch first lay out the challenges of creating a blended family but then more importantly provide practical advice for how to make it not just work but be a truly wonderful experience for everyone in the family. It is such a hopeful book - using examples (including those from Mullineaux's own life) of successful blends. The book is

undrepinned with a strong intellectual foundation based on research by a number of psychologists as well as work with Mullineaux's clients. Early on, the reader takes a quiz to better understand their own attachment style. And then the authors explain through the lens of the different attachment styles what that will mean for successful partnering and parenting in a blended family. It tackles important issues like being a stepparent to a teenager, a particularly challenging role. But the authors use the teenage brain as the starting point so that as a parent you can better understand both the limits and freedom that they need. The second part of the book is devoted to the five factors that you must have to succeed - trust, vulnerability, empathy, truthfulness and structure and brings them to life with myriad stories from blended families. In the end, the book is not just practical; it is hopeful. The authors explain that you only need to get it right 30% of the time. And with this book as a guide, I suspect most people can achieve that.

This book gets to the core issues in a way that I could understand and apply to my own situation. It's a great jumping off point for discussions that can really help lend perspective and get everyone communicating. I would recommend this to anyone and everyone who has family that are part of second marriages, including if your parents remarry, even at an older age. It's not just about how to bring up children in a blended family, but about how to relate to everyone.

[Download to continue reading...](#)

Blending Families: Merging Households with Kids 8-18 Jokes For Kids - Joke Books : Funny Books : Kids Books : Books for kids age 9 12 : Best Jokes 2016 (kids books, jokes for kids, books for kids 9-12, ... funny jokes, funny jokes for kids) (Volume 1) Blending Families Successfully: Helping Parents and Kids Navigate the Challenges So That Everyone Ends Up Happy Happily Remarried: Making Decisions Together * Blending Families Successfully * Building a Love That Will Last Blending Families Farmers of the Golden Bean: Costa Rican Households, Global Coffee, and Fair Trade - Second Edition Jokes:Best Jokes For Kids: Laugh out loud fun jokes(Jokes,Funny Jokes,Jokes for kids,Best Jokes,Funny Book,Jokes free,Jokes for free,for kids,riddles,quiz ... for kids,best jokes,laugh out loud) Jokes for Kids: 400+ Funny Jokes for Kids: Funny and Hilarious Jokes for Kids - Funny Jokes - Kids Jokes - Jokes and Illustrations Financial Management For Nurse Managers: Merging The Heart With The Dollar (Dunham-Taylor, Financial Management for Nurse Managers) Frameworks for Policy Analysis: Merging Text and Context 25 Read & Write Mini-Books That Teach Word Families: Fun Rhyming Stories That Give Kids Practice With 25 Keyword Families Stepparenting: Becoming A Stepparent: A Blended Family Guide to: Parenting, Raising Children, Family Relationships and Step Families - 2nd Edition (Raising ... Kids, Blended

Families, Blended Family) My Two Souths: Blending the Flavors of India into a Southern Kitchen Homegrown Tea: An Illustrated Guide to Planting, Harvesting, and Blending Teas and Tisanes Go Blended!: A Handbook for Blending Technology in Schools Blending Leadership: Six Simple Beliefs for Leading Online and Off Blending Play Therapy with Cognitive Behavioral Therapy: Evidence-Based and Other Effective Treatments and Techniques God Has No Religion: Blending Traditions for Prayer Kids Reading Books: St. Patrick's Day for Kids - Discover Fun Facts and Colorful Pictures About St. Patrick's Day (Kids Educational Books) JOKES: Jokes For Kids To Get Them Giggling! (Clean Jokes, Jokes For Young Kids, Funny Jokes, Kids Jokes, Joke Books, Best Jokes, Funny Books)

[Dmca](#)